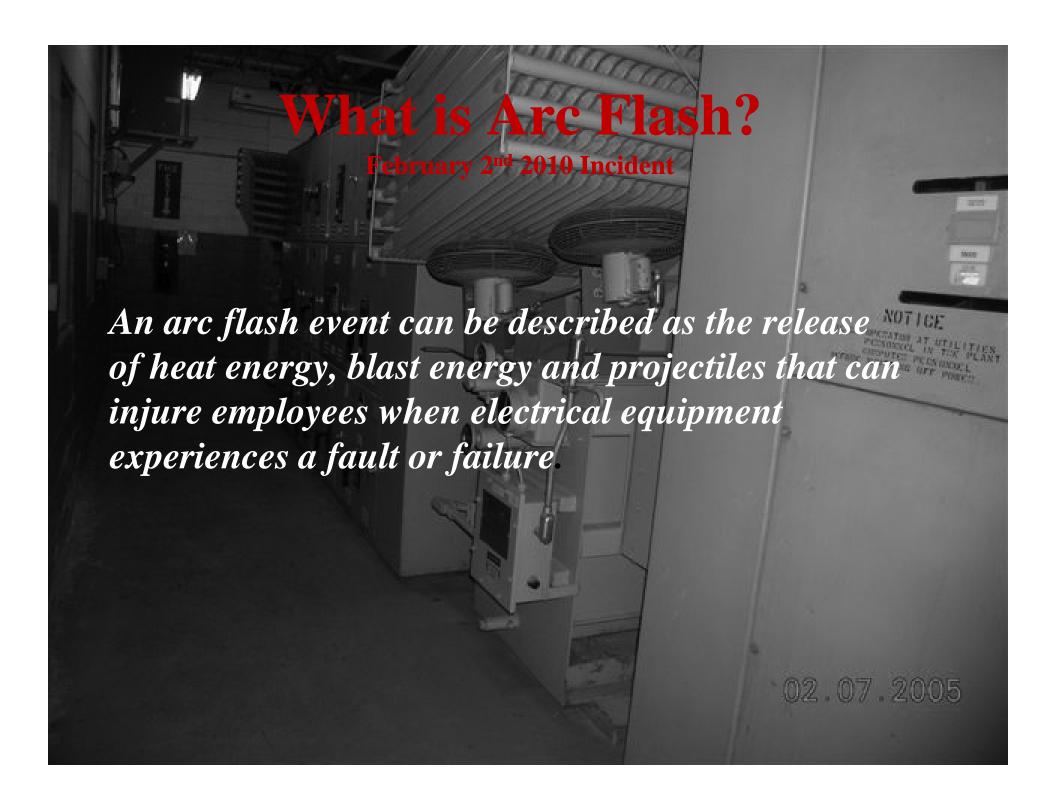


General Experience on NFPA 70E (What Roles do You Manage Well?):

- > What is NFPA 70E?
- > What role do I have with safety in our company?
- > How can I be safer myself?
- ➤ How do I help others take this topic seriously within my company?
- ➤ Poll of those in class who have direct responsibility for the safety of others?



What Incident Increased Awareness in 2003?

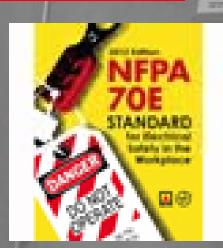


Rack-In Incident



Overview of 2012 NFPA 70E

- ➤ Our current 70E code has fewer structural PPE changes than the 2004/2009 revisions.
- The current 70E code does however have more direct language and some key additions making this code more direct in nature than all previous codes.
- ➤ Upon reading article 130 it becomes evident that without performing a formal risk assessment, you would be open to liability from a third party standpoint. Simply put, the table approach to PPE does not apply in real life applications.



Nature of Electrical Accidents

- Electrical accidents, when initially studied, often appear to be caused by circumstances that are varied and peculiar to the particular incidents.
- Further consideration usually reveals the underlying cause to be a combination of three possible factors:
- > work involving unsafe equipment & installations
- > workplaces made unsafe by the environment
- > unsafe work performance (unsafe acts).
 - ❖ The first two factors are sometimes considered together and simply referred to as unsafe conditions.

Top 10 Most Frequently Cited OSHA Standards:

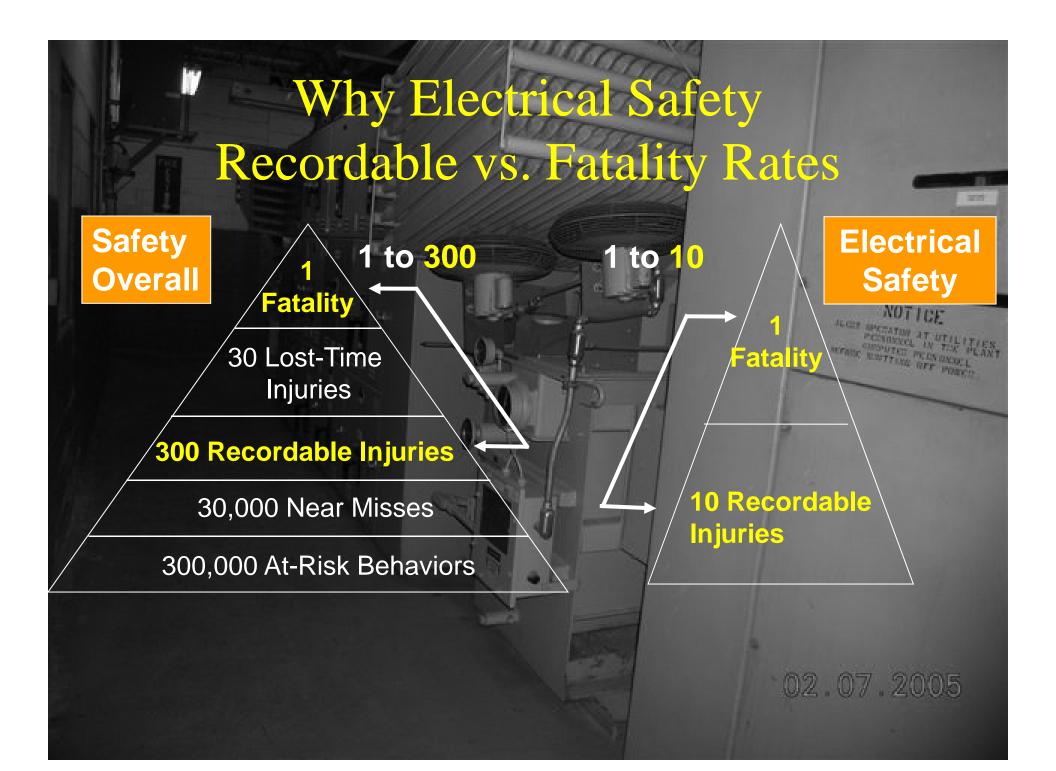
- 1. Scaffolding, general requirements, construction (29 CFR 1926.451)
- 2. Fall protection, construction (29 CFR 1926.501)
- 3. Hazard communication standard, general industry (29 CFR 1910.1200)
- 4. Control of hazardous energy (lockout/tag out), general industry (29 CFR 1910.147) In the Midwest this is #1
- 5. Respiratory protection, general industry (29 CFR 1910.134)
- 6. Powered industrial trucks, general industry (29 CFR 1910.178)
- 7. Electrical, wiring methods, components and equipment, general industry (29 CFR 1910.305)
- **8.** Ladders, construction (29 CFR 1926.1053)
- 9. Machines, general requirements, general industry (29 CFR 1910.212)
- 10. Electrical systems design, general requirements, general industry (29) 5 CFR 1910.303)

Monson man dies after factory accident in Douglas

Posted: Apr 06, 2012 8:01 AM CDT Updated: Apr 13, 2012 8:01 AM CDT

By Andrea Lubin - email
MONSON, MA (WSHM) - A 53-year-old Monson man was
electrocuted at an envelope plant in Douglas, MA.
The incident occurred Wednesday afternoon at the XXXX
company. The Worcester district attorney's office tells CBS 3
XXXX was working on a piece of machinery when he was
electrocuted. He was taken to a hospital where he was
pronounced dead. Authorities tell CBS 3 that XXXX was
working on a blower motor of a machine used to make
envelopes when the incident occurred.

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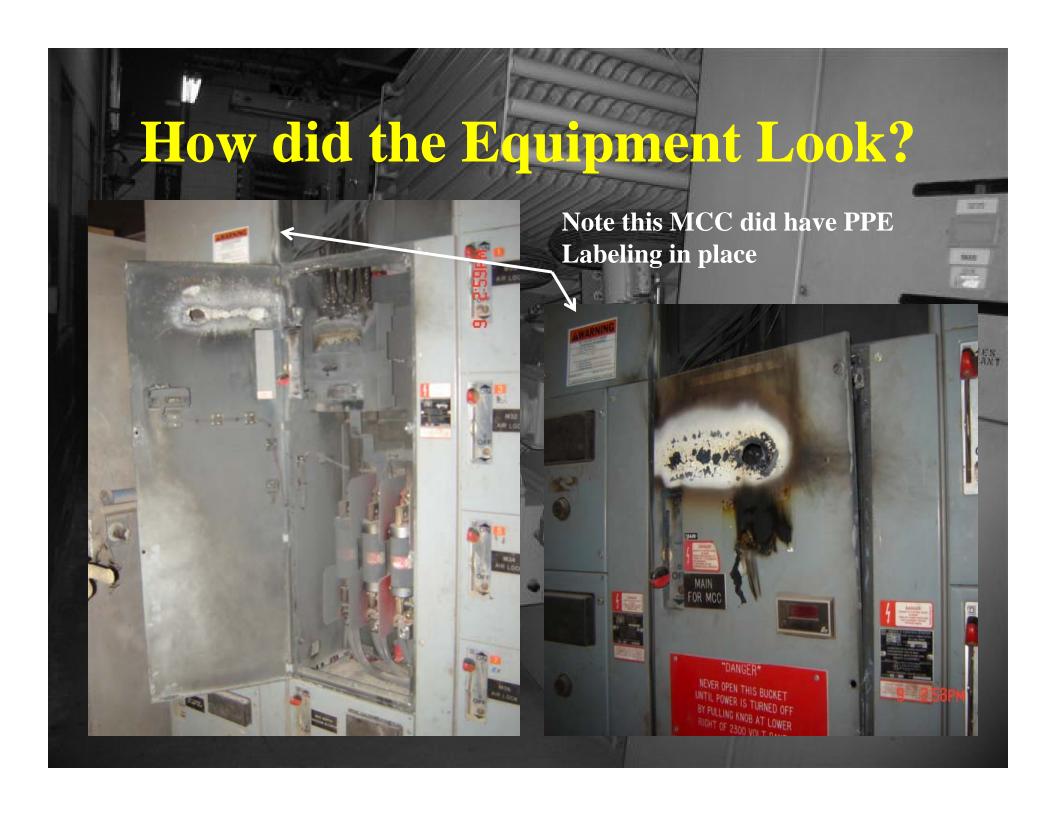
- > Troubleshooting on energized equipment
- > Operating Equipment (Physical movement of the device during the switching procedures)



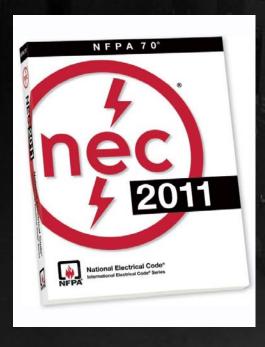


Recent Near Miss:

On Wednesday March 9th at 1:30 pm, Shift maintenance crew was notified that there was a fire in the bag house. Once Shift Maintenance arrived they determined the fire was in the auxiliary motor control panel (MCC). It was also witnessed that there was water dripping from the race way onto the motor control center. While keeping safe distance they determined it was best to power down the motor control center. Before they were able to complete this process they heard a popping noise from the cabinet. Employees immediately started to duck and headed for the exit door. During this process the breaker in the cabinet arced out. Maintenance replaced the arced out breaker and cleaned up the area. After reviewing what happened it was determined that the Maintenance crew followed NFPA 70E procedures thereby preventing this from being a bigger issue.



Changes to the 2011 NEC® You Must Know



- •New and Revised

 Labeling/Marking Requirements
 - Available Fault Current Labeling
 - Equipment IdentificationRequired

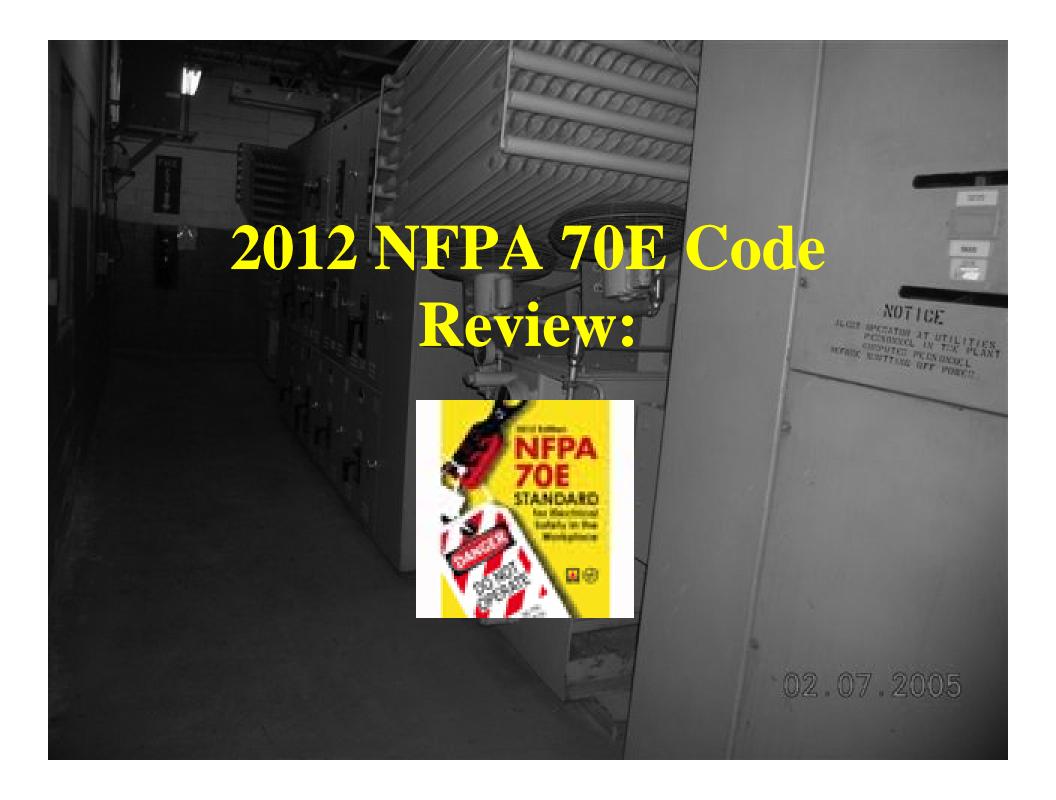
Article 110 – Requirements for Electrical Installations 110.24 Available Fault Current

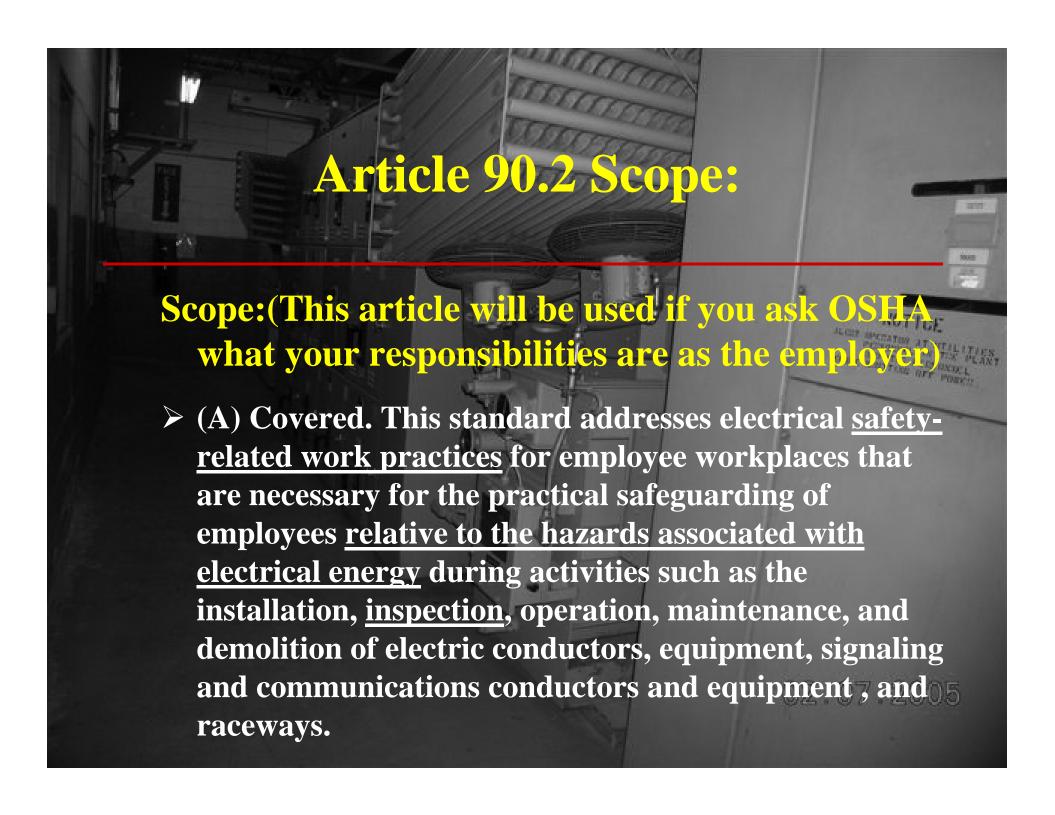
- ➤ Article 110 Requirements for Electrical Installations 110.24 Available Fault Current
- >(A)Field Marking.

Service equipment in other than dwelling units shall be legibly marked in the field with the maximum available fault current. The field marking(s) shall include the date the fault current calculation was performed and be of sufficient durability to withstand the environment involved.



- (B) Source of Supply:
- All switchboards and panelboards supplied by a feeder in other than one-or two-family dwellings shall be marked to indicate the device or equipment where the power supply originates.



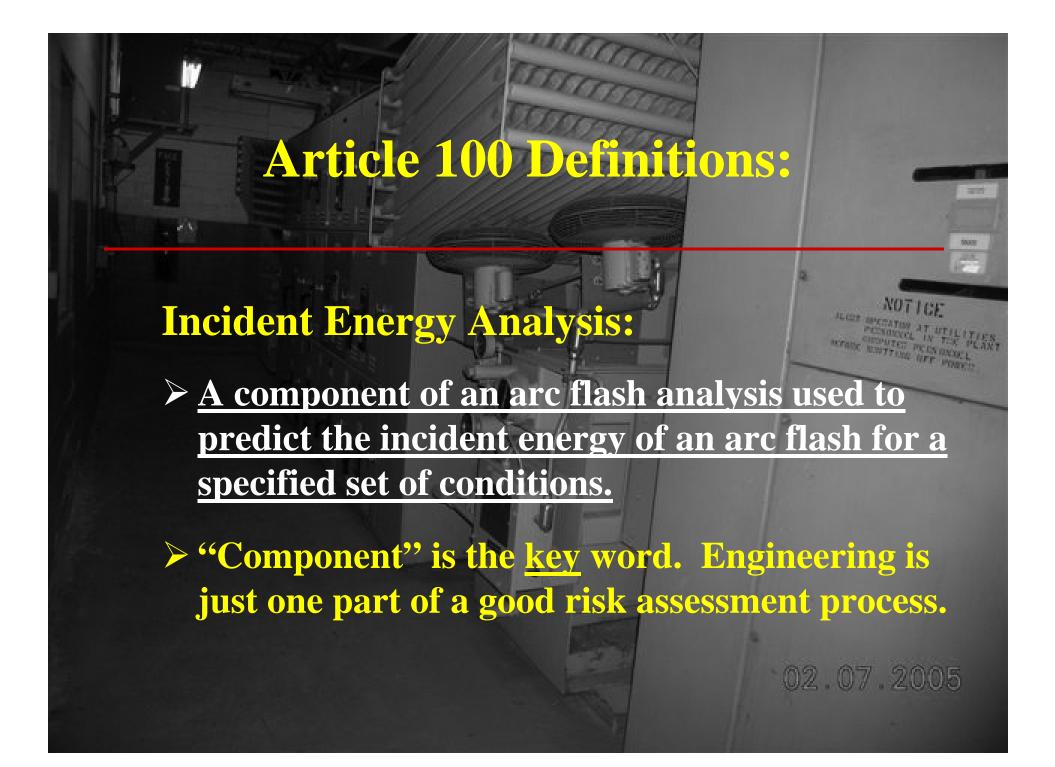


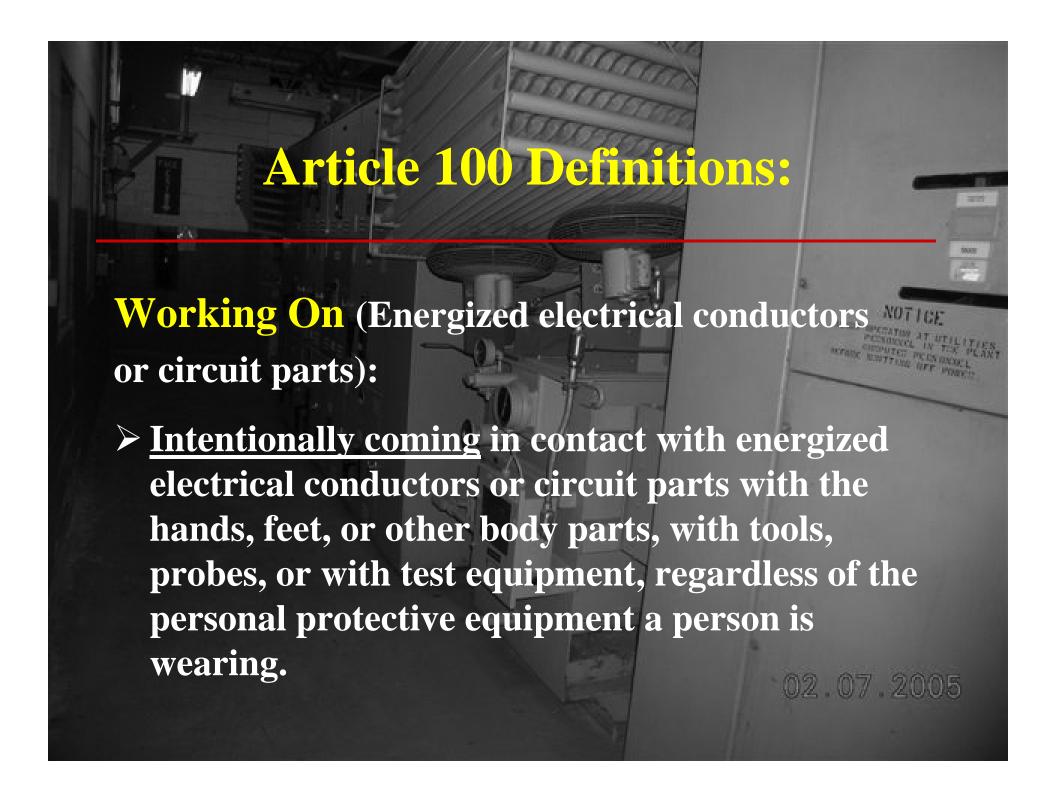


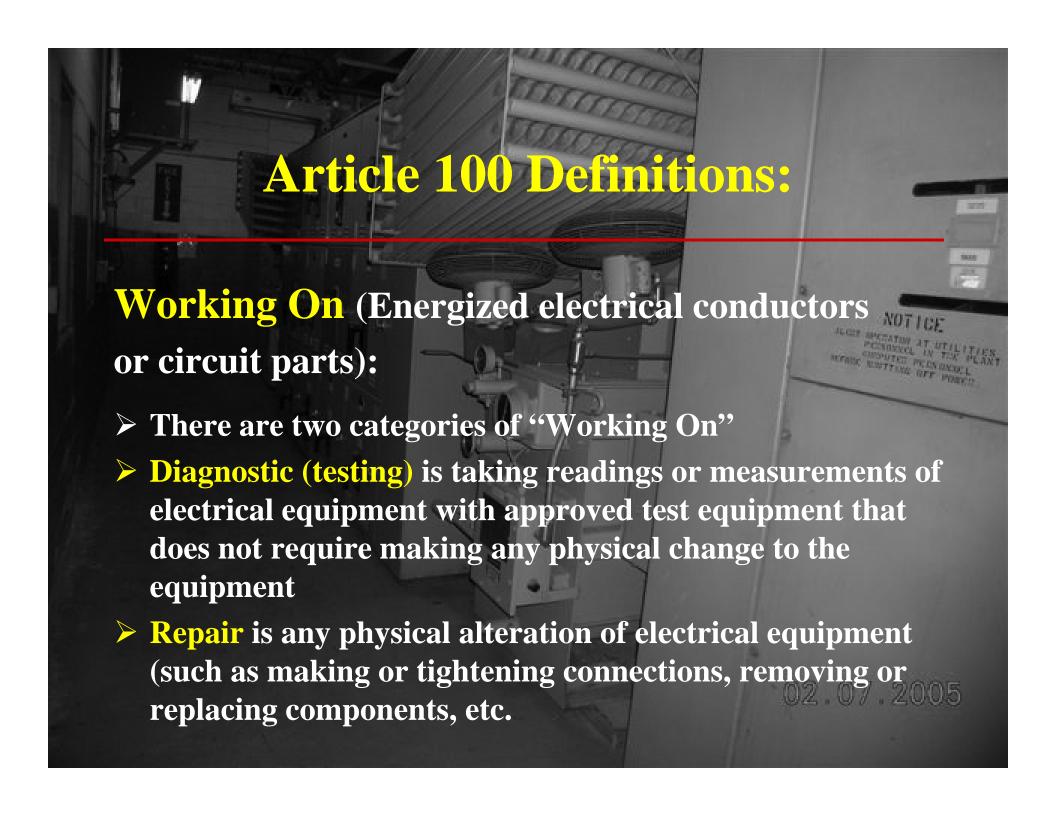
Enclosure:

The case or housing of apparatus, or the fence or walls surrounding an installation to prevent personnel from accidentally contacting energized parts or to protect the equipment from physical damage

Note: When you consider electrical exposure you must consider the entire enclosure



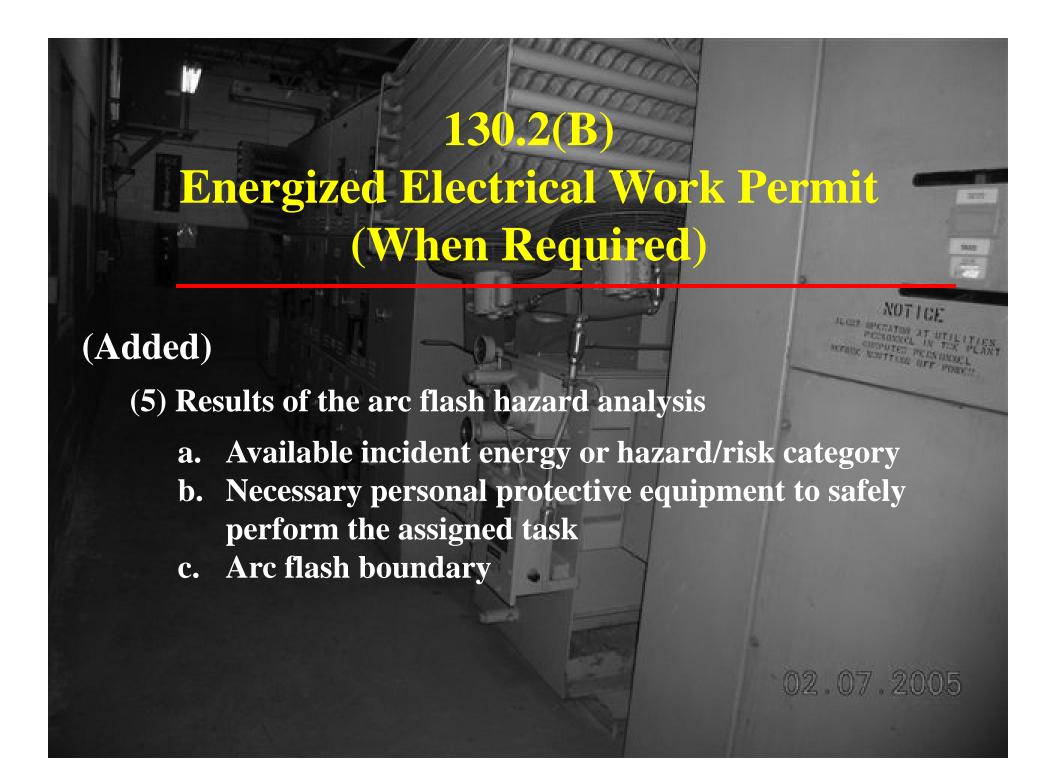




130.2(B) Energized Electrical Work Permit (When Required)

(1) When Required.

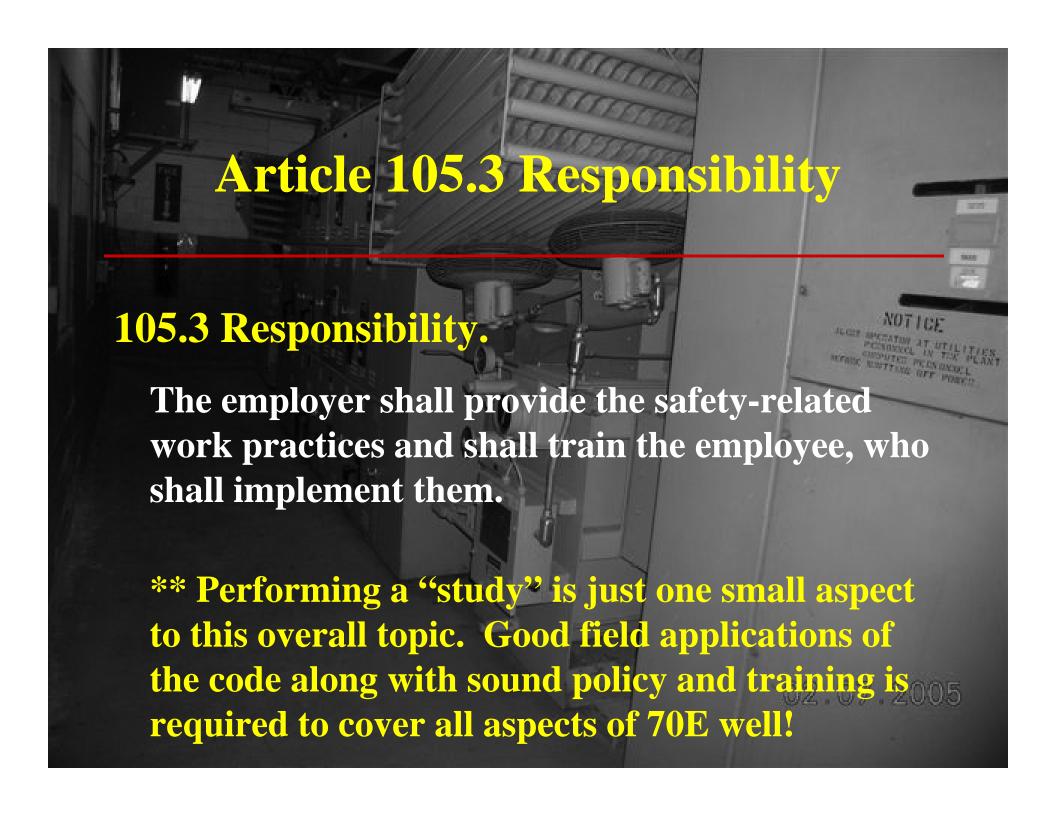
When working within the limited approach boundary or the arc flash boundary of exposed energized electrical conductors or circuit parts that are not placed in an electrically safe work condition (that is, for the reasons of increased or additional hazards or infeasibility per 130.2A), work to be performed shall be considered energized work and shall be performed by written permit only.



130.1(A)(3) Energized Electrical Work Permit (Exemptions to Work Permit)

Unchanged since 2009 Code:

•Work performed within the Limited Approach Boundary of energized electrical conductors or circuit parts by qualified persons related to tasks such as testing, troubleshooting, voltage measuring, etc. shall be permitted to be performed without an energized electrical work permit, provided appropriate safe work practices and personal protective equipment in accordance with Chapter 1 are provided and used. If the purpose of crossing the Limited Approach Boundary is only for visual inspection and the Restricted Approach Boundary will not be crossed, then an energized electrical permit shall not be required.



Article 110.2 Training Requirements

110.2 (C) Emergency Procedures.

(C) Emergency Procedures. Employees exposed to shoc hazards and those employees responsible for taking action in case of emergency shall be trained in methods of release of victims from contact with exposed energized electrical conductors or circuit parts. Employees shall be regularly instructed in methods of first aid and emergency procedures, such as approved methods of resuscitation, if their duties warrant such training. Training of employees in approved methods of resuscitation and automatic external defibrillator (AED) use, shall be certified by the employer annually.



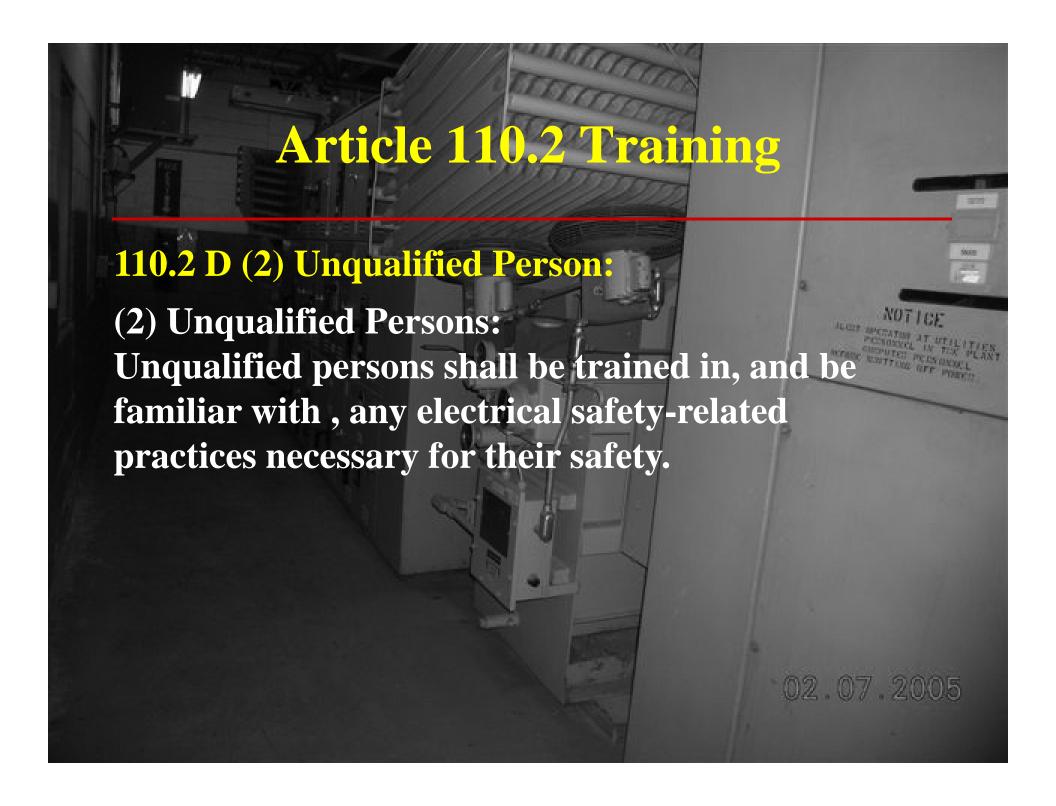
110.2 D (1)(f) Qualified Person:

- (1) Qualified Person:
- (c) An employee who is undergoing on-the-job training for the purpose of obtaining the skills and knowledge necessary to be considered a qualified person and who in the course of such training, has demonstrated an ability to perform specific duties safely at his or her level or training and who is under the direct supervision of a qualified person shall be considered to be a qualified person for the performance of those specific duties.



110.2 D (1)(f) Qualified Person:

- (1) Qualified Person: (All New)
- (f) The employer shall determine, through regular supervision and through inspections conducted on at least an annual basis that each employee is complying with the safety-related work practices required by this standard.



110.6 Training Requirements.

>(E) Training Documentation

The employer shall document that each employee has received the training required by paragraph 110.6(D). This documentation shall be made when the employee demonstrates proficiency in the work practices involved and shall be maintained for the duration of the employee's employment. The documentation shall contain each employee's name and dates of training.

> The 2012 NFPA 70E code will require evidence of the content of your training done!

Article 110.4 (F) Hazard Identification

(F) Hazard Identification and Risk Assessment Procedure:

•An electrical safety program shall <u>include</u> a hazard <u>identification and a risk assessment</u> procedure to be used before work is started within the limited approach boundary or <u>within the arc flash boundary</u> of energized electrical conductors and circuit parts operating at 50volts or more or when an electrical hazard exists. The procedure shall identify the <u>process to be used by the employee before work is started to identify hazards and assess risks, including potential risk mitigation strategies.</u>

.02.07.2005

Article 130 Work Involving Electrical Hazards:

- Energized electrical conductors and circuit parts to which an employee might be exposed shall be put into an *electrically safe work condition* before an employee performs work if either of the following conditions exist:
- 1. The employee is within the Limited Approach Boundary
- 2. The employee interacts with equipment where conductors or circuit parts are not exposed, but an increased risk injury from an exposure to an arc flash hazard exists

Electrical Lock Out vs. Machine Specific Lock Out:

North Wall



South Side View



North West Side View



Correct Upstream LOTO
Point for Electrical Disconnecting Means

Common Equipment Disconnect

Ensure the Correct E1 and E2 Source Locations are on your Sheets:

Only E1 is listed on the LOTO sheet.

On this example it is correct but commonly we see the equipment disconnect only listed!

ALWAYS PERFORM	A MACHINE STO	PREFORE	LOCKING OU	T DISCONNECTS
ALWATO PERFURIW	A MACHINE STU	PEFUNE	LUCKING OU	I DISCOMILE IS

D	Source	Location	Method	Check	Device
4 E-1	Electrical 480V	Disconnect located at the MCC located on North Wall	Move E-1 disconnect to off. Lock out.	Attempt restart at CP-1.	Lockout Hasp and Lock
.#¥ W-1	Hot Water Supply	Disconnect Above the Boiler. Valve on West Side.	Turn W-1 valve off. Lock out.	Verify pressure has bled off.	Cable Lockout
į≅ W-2	Hot Water Return	Disconnect Above the Boiler. Valve on West Side.	Turn W-2 valve off. Lock out.	Verify pressure has bled off.	Cable Lockout
(6 G-1)	Gas Natural Gas	Disconnect on West side of Boiler unit.	Turn G-1 valve off. Lock out.	Verify pressure has bled off.	Universal Ball Valve Lockout

CP = CONTROL PANEL | E = ELECTRICAL | W = WATER | P = PNUEMATIC | C =

V = VALVE G = GAS

OPENING A GUARD DOES NOT CONSTITUTE A LOCKOUT!



Any machine modifications must be shown in procedure. Contact facilities to update procedure.





- Equipment Labeling should include three key components which are:
 - 1. Complete Arc flash hazard ratings and PPE
 - 2. Shock hazard ratings and glove needs
 - 3. A means for identifying "what" the equipment is called and more importantly "where" it is being fed from in order to obtain a de-energized state.

New 130.5 (C) Equipment Labeling Codes for 2012 Edition:

- 1. At least one of the following:
 - Available incident energy and the corresponding working distance
 - **❖** Minimum arc rating of clothing
 - **❖** Required level of PPE
 - Highest Hazard/Risk Category (HRC) for the equipment

AWARNING

ARC FLASH AND SHOCK HAZARD APPROPRIATE PPE REQUIRED

142 "Flash Hazard Boundary

36 cal/cm² Flash Hazard at an 18" Working Distance

Category 4 PPE Level, FR Shirt & Pant + FR Coverall, Double Layer Switching Coat and Hood, Safety Glasses, Hearing Protection

480 VAC Shook Hazard when Cover is Open/Removed

42 "Limited Approach

12 "Restricted Approach - Class 00 500Volt Gloves

1 " Prohibited Approach - Class 00 500Volt Gloves

Live Entry Requires Management Approval

ice Name: PNL-DRY

Fed From: MDP-DRY-1

Fault Current: 11.62 kA Date: 2-21-11 Faith Technologies 800-274-234

New 130.5 (C) Equipment Labeling Codes for 2012 Edition: (Cont)

- (2) Nominal system voltage
- (3) Arc flash boundary



- Exception: Labels applied prior to September 30, 2011 are acceptable if they contain the available incident energy or required level of PPE. (This exception reads poorly)
- > *The method of calculating and data to support the information for the label shall be documented.

Overview of Informative PPE Label Format:

AWARNING

ARC FLASH AND SHOCK HAZARD APPROPRIATE PPE REQUIRED

142 "Flash Hazard Boundary

36 cal/cm² Flash Hazard at an 18" Working Distance

Category 4 PPE Level, FR Shirt & Pant + FR Coverall, Double Layer

Switching Coat and Hood, Safety Glasses, Hearing Protection

480 VAC Shock Hazard when Cover is Open/Removed

42 "Limited Approach

12 "Restricted Approach - Class 00 500Volt Gloves -

1 " Prohibited Approach - Class 00 500Volt Gloves

Live Entry Requires Management Approval

Device Name: PNL-DRY Fed From: MDP-DRY-1 ←

Fault Current: 11.62 kA Date: 2-21-11 Faith Technologies 800-274-2345

Shows Glove Needs

Supports Electrical LOTO Needs

Date Optional for 70E

02.07.2005

Shows Fault Current Levels to Aid in Breaker Applications

Obtaining a De-Energized State:

De-Energized Work Practices (Supportive PPE Labeling/Process)



- This example shows a standard disconnect with ideal labeling in place which in turn supports the fundamental goal for any safety program.
- ➤ If an employee was asked this question, how would they be able to respond now?
- ➤ If you had to change a fuse in this disconnect, explain to me how you would do that?



- Employees must know where the correct upstream disconnecting source is located
- Employee must know how to lock/tag out the source
- Employees must show shock hazard tools and techniques are in place including insulated glove tests and on demand air tests
- Employees would then proceed to the enclosure and at that time must know exactly what PPE is required for arc flash exposures before opening the door
- ➤ Upon opening the door the employee would then test via point on point contact test to confirm absence of power

Incomplete Labeling Example:



WARNING

Arc Flash and Shock Hazard Appropriate PPE Required

August, 2005 61 Inch Flash Hazard Boundary Flash Hazard at 36 Inches 4.34 cal/cm ^ 2 Cotton Underwear + FR Shirt & Category 2 PPE **Pants** Level 24900 Shock Hazard when cover is removed Volts Limited Approach (Fixed/Movable) 60/120 Inch Restricted Approach inch **Prohibited Approach** inch

Bus Name: B-TS MAIN PLT *
Prot Device: FU-MN PLT SERV

Color coding is not recommended nor required

Labeling lacked
PPE details

No Mention of insulated glove needs in old labels

Bus Names and Protective Device references may not be the ideal references to use for LOTO goals?





Arc Flash and Shock Hazard Appropriate PPE Required

64 inch Flash Hazard Boundary

9.67 cal/cm² Flash Hazard at 18 inches

Category 3 PPE - Category Appropriate

480 VAC Shock Hazard when cover is removed

00 Glove Class

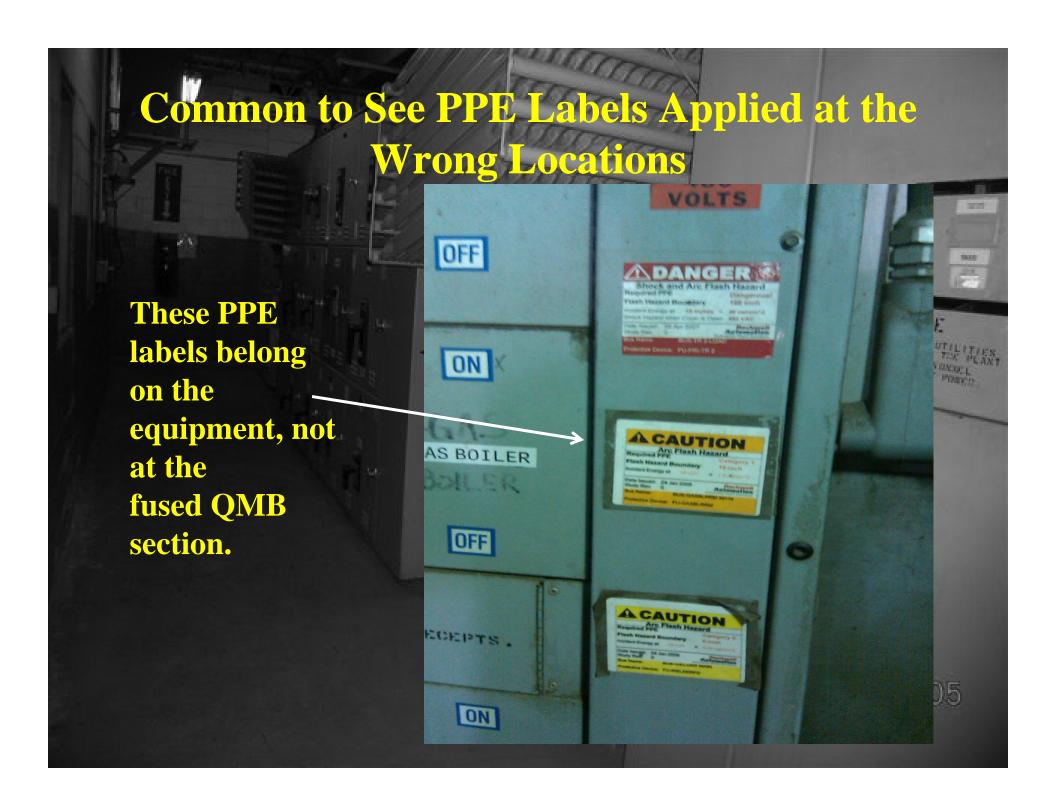
42 inch Limited Approach (Fixed Circuit)

12 inch Restricted Approach
1 inch Prohibited Approach

Bus: WasteWtrUnit Prot: WT1A 7

Arc Flash analysis conducted by

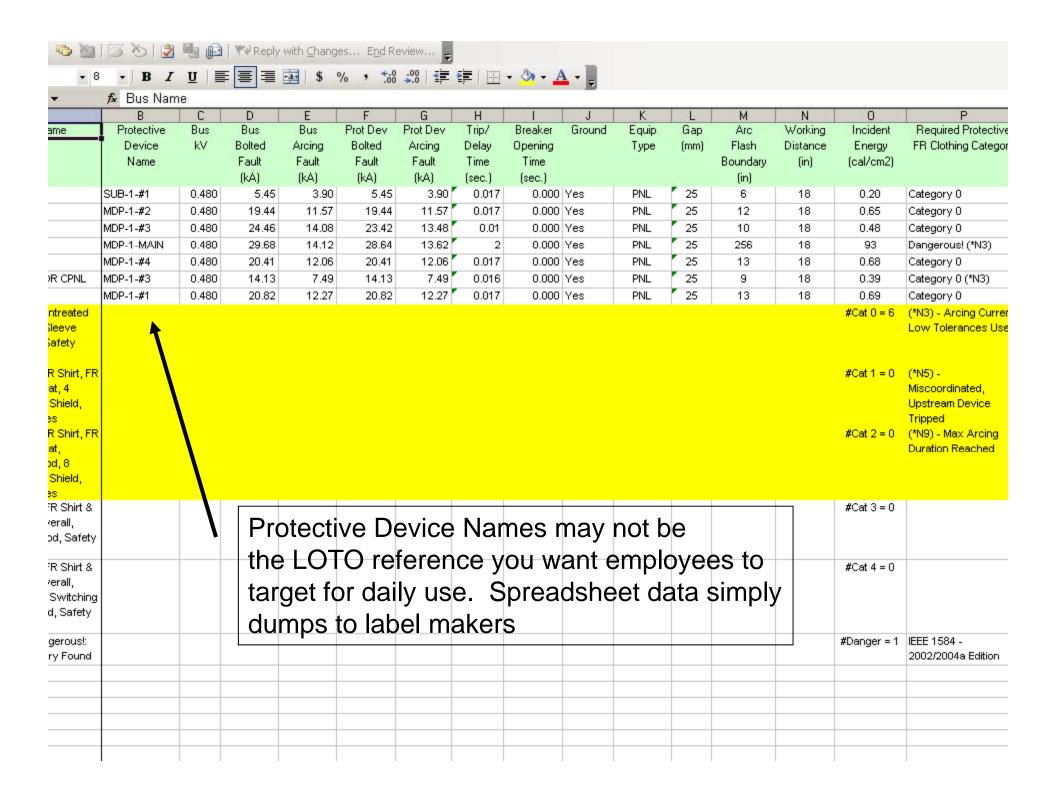
Protective Device Names will often not be true LOTO points in a system



Case Example on Current Installation Methods:



Customer made a decision to separate the new service sections. The resulting arc flash outcome was a dangerous no live entry on the left incoming section and a HRC 1 on the right load center.



Minimum AR PPE Content For Labels:

Category	Required Protection FR Clothing
Category 0	Untreated Cotton Long Sleeve Shirt, Pants, Safety Glasses, Hearing Protection
Category 1	AR Shirt, AR Pants, Hard Hat, 4 cal/cm ² Face Shield, Safety Glasses, Hearing Protection
Category 2	AR Shirt, AR Pants, Hard Hat, Balaclava/Hood, 8 cal/cm ² Face Shield, Safety Glasses, Hearing Protection
Category 3	AR Shirt & Pant + AR Coverall, Switching Hood, Safety Glasses, Hearing Protection
Category 4	AR Shirt & Pant + AR Coverall, Double Layer Switching Coat and Hood, Safety Glasses, Hearing Protection

130.7C16 New Protective Clothing and PPE Equipment Table

Table 130.7(C)(16) Protective Clothing and Personal Protective Equipment (PPE)

Hazard/Risk Category

Protective Clothing and PPE

Hazard/Risk Category 0

Protective Clothing, Nonmelting or Untreated Natural

Fiber (i.e. untreated cotton, wool, rayon, or silk or

blends of these materials) with a fabric weight of at

least 4.5 oz/yd²

Shirt (long sleeve)

Pants (long)

Protective Equipment

Safety glasses or safety goggles (SR)

Hearing protection (ear canal inserts)

Heavy duty leather gloves (AN) (See Note 1.)

Task Based PPE Table 130.7C15 Review:

000	1 1	1111
Hazard Risk Category	Rubber Insulating Gloves	Insulated & Insulating Hand Tools
0	N	N
0	N	N
0	N	N
1	Y	Y
1	Y	Y
1	N	N
0	N	N
1	Y	Y
	0 0 0 1 1 1	N T N N N Rubber Insulating

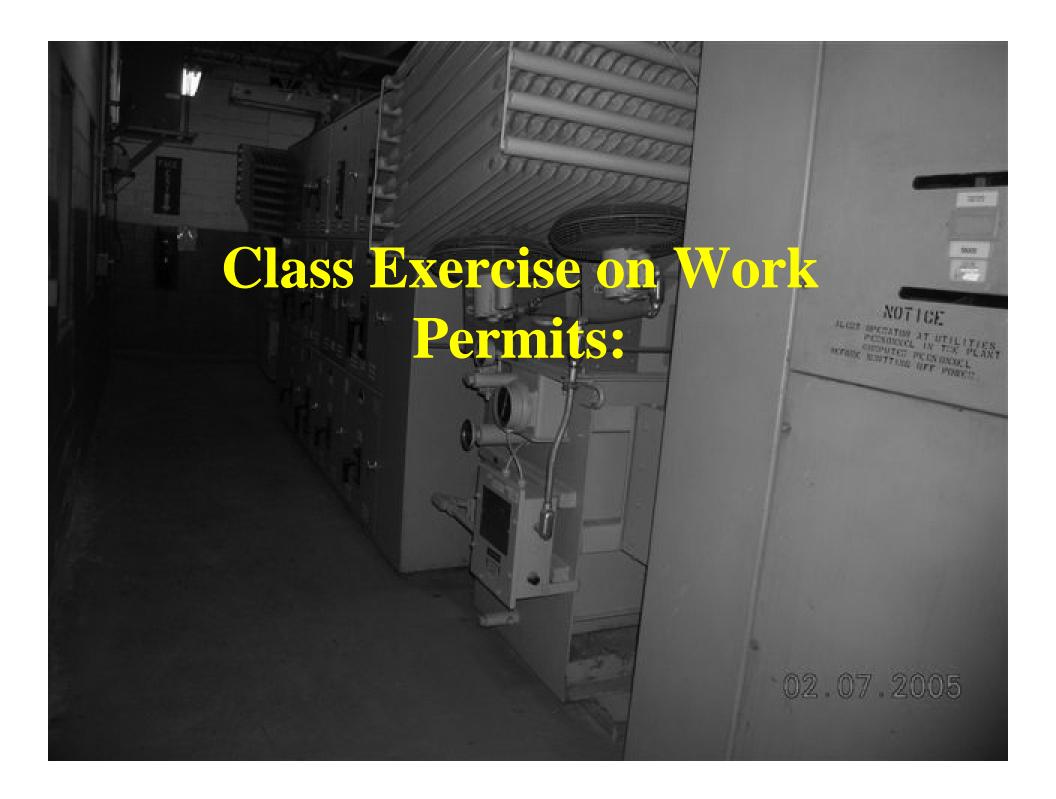
Table approach to PPE selection has additional engineering notations at the end of the table.

Also included the Parameters that must be considered in each section such as fault levels, clearing times etc.





- Your goal is to use the work permit sheet to discuss a project you have in mind.
- ➤ Break out into groups of two. One person will become the Safety Director and the other person will be the qualified employee.
- Together, fill out the work permit and we will share your examples as a group.
- **► Have some fun with this exercise!!!**



Caution Must Be Taken When Using PPE Table 130.7C15:

Electrical Safety Matrix Table 130,7C(15)(a) Tasks Performed on Energized Equipment	Hazard Risk Category	Rubber Insulating Gloves	Insulated & Insulating Hand Tools
Panelboards or Other Equipment Rated 240 V and Below	_		
Parameters: Maximum of 25 kA short circuit current available: maximum of 0.03 sec (2 cycle) fulut clearing time; minimum 18 in. working distance Potential are flash boundry with exposed energized conductors or circuit parts using above parameters: 19 in.			
Perform infrared thermography and other non-contact inspections outside the restricted approach boundary	0	N	N
Circuit breaker (CB) or fused switch (FS) operation with covers on	0	N	N
CB or fused switch operation with covers off	0	N	N
Work on energized electrical conductors and circuit parts, including voltage testing	1	Y	Y
Remove/install CBs or fused switches	1	Y	Y
Removal of bolted covers (to expose bare, energized electrical conductors and circuit parts)	1	Z	N
Opening hinged covers (to expose bare, energized electrical conductors and circuit parts)	0	N	N
Work on energized electrical conductors and circuit parts of utilization equipment fed directly by a branch circuit of the panelboard	1	Y	Y

(5) For power systems up to 600V the Arc Flash Boundary was determined by using the following information:

When 0.03 second trip time was used, that indicated MCC or panelboard equipment protected by a molded-case circuit breaker. Working disctance used is (455 mm) 18", arc gap used is 32mm for switchgear and 25 mm for MCC, protective device type 0 for all. When 0.33 or 0.5 second trip time was used, that indicated LVPCB (drawout circuit breaker) in switchgear. Working distance is (610 mm) 24", arc gap used is 32 mm, protective device type 0 for all. All numbers were rounded up or down depending on closest multiple of 5.

(130.7C15) New Direct Current Equipment Table

Table 130.7(C)(15)(b) Hazard/Risk Category Classifications and Use of Rubber Insulating Gloves and Insulated and Insulating Hand Tools-Direct Current Equipment

Tasks Performed on Energized Equipment	Hazard/Risk Category	Rubber Insulating Gloved	Insulated and Insulating Hand Tools
Storage Batteries, Direct-Current Switchboards and			
other DC supply sources > 100V <250V			
Parameters:			
Voltage: 250 V			
Maximum arc duration and working distance:			
2 sec @ 18 in.			
Work on energized electrical conductors and circuit			
parts, including voltage testing where arcing	1	Υ	Υ
current is >=1 kA and <4 kA			
Potential arc flash boundry using above parameters at			
4 kA: 36 in.			
Work on energized electrical conductors and circuit			
parts, including voltage testing where arcing	2	Υ	Υ
current is >=4 kA and <7 kA.			
Potential arc flash boundry using above			
parameters at 7 kA: 48 in.			s
Work on energized electrical conductors and circuit			
parts, including voltage testing where arcing	3	Υ	Υ
current is >=7 kA and <15 kA.			
Potential arc flash boundry using above			
parameters at 15 kA: 72 in.			

On DC systems be sure to check your PPE clothing to 07 2005 make sure your ASTM ratings match this code!

130.5 Arc Flash Hazard Analysis

- **2012) Edition-** An arc flash hazard analysis shall determine the arc flash boundary, the incident energy at the working distance, and the personal protective equipment people within the arc flash boundary shall use.
 - **❖** The arc flash hazard analysis shall be updated when a major modification or renovation takes place. It shall be reviewed periodically, not to exceed 5 years, to account for changes in the electrical distribution system that could affect the results of the arc flash hazard analysis.
 - **❖** Be careful to not confuse the intent of this article. If you make changes to your systems you shall update your safety process. Waiting five years between revisions is risky!! □ □ □

130.5 Arc Flash Hazard Analysis

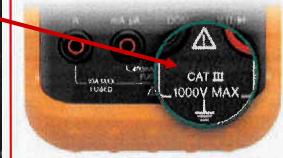
- > (2012) Edition-Informational Note No. 5:
 - **See IEEE1584 for more information regarding arc flash hazards for three-phase systems less than 240 volts.**
 - **❖** This new definition follows similar goals the 2009 code edition had however three phase 240 systems must be calculated regardless of the upstream transformers.

Required Meter Safety Items

Double check your meter to ensure it is current



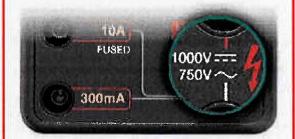
1000 V CAT III and 600 V CAT IV meters designed to withstand 8000 V transients



Use meters with these markings: 1000 V CAT III or 600 V CAT IV

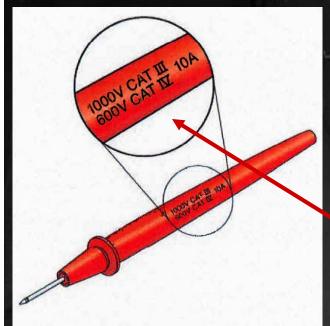
Old

Fluke Meters designed to older standards do not show category rating on front of instrument



Do not use meters without proper CAT markings on 480 V circuits

Please make sure your meter leads are correct





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Security

Open an Account

Sale Items

Shipping Charges, Terms & Conditions

Recall Safety Information

HACKER SAFE TESTED DAILY 24-APR





My Wish List

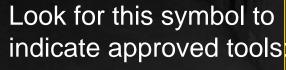


5 PC. ELECTRICIAN'S HOLDING SCREWDRIVER SET



Once the screw is set in the holder, you don't have to touch it again. Both the handle and shanks are insulated against up to 1000 volts, only the chrome vanadium tips are exposed.

- Pieces: 5
- Design: flat and cross point
- Description: 5 x 150, 4 x 125, and 3 x 125mm flat-points, 6 x 175 No. 2, and 4 x 125 No. 1 cross points
- Shipping weight: 1 lb.





(Hint: these tools don't have it!)





U.S. DEPARTMENT OF LABOR

Occupational Safety and Health Administration

SUBJECT: 29 CFR Part 1910, Subpart I, Enforcement Guidance for Personal Protective

Equipment in General Industry

ABSTRACT

Purpose: This instruction, Enforcement Guidance for Personal Protective

Equipment in General Industry, establishes OSHA's general enforcement

and guidance policy for its standards addressing personal protective equipment (PPE). It instructs OSHA enforcement personnel on both the

agency's interpretations of those standards and the procedures for

enforcing them.

Scope: This instruction applies OSHA-wide.

References: See paragraph III.

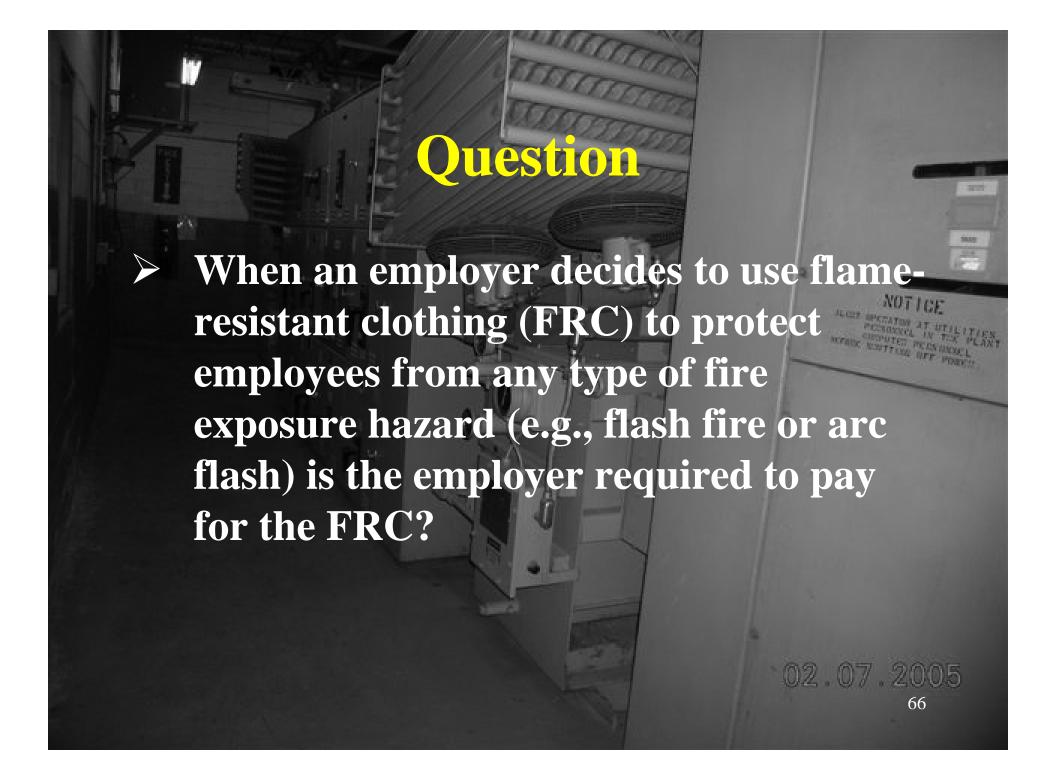
Cancellations: OSHA STD 01-06-006, Inspection Guidelines for 29 CFR 1910. Subpart

I, the revised Personal Protective Equipment Standards for General

Industry, June 16, 1995.



NOTE: Insulated protected tools and testing equipment are not considered to be personal protective equipment when working in proximity to exposed electrical parts. These tools are designed to make contact with exposed energized conductors or circuit parts.

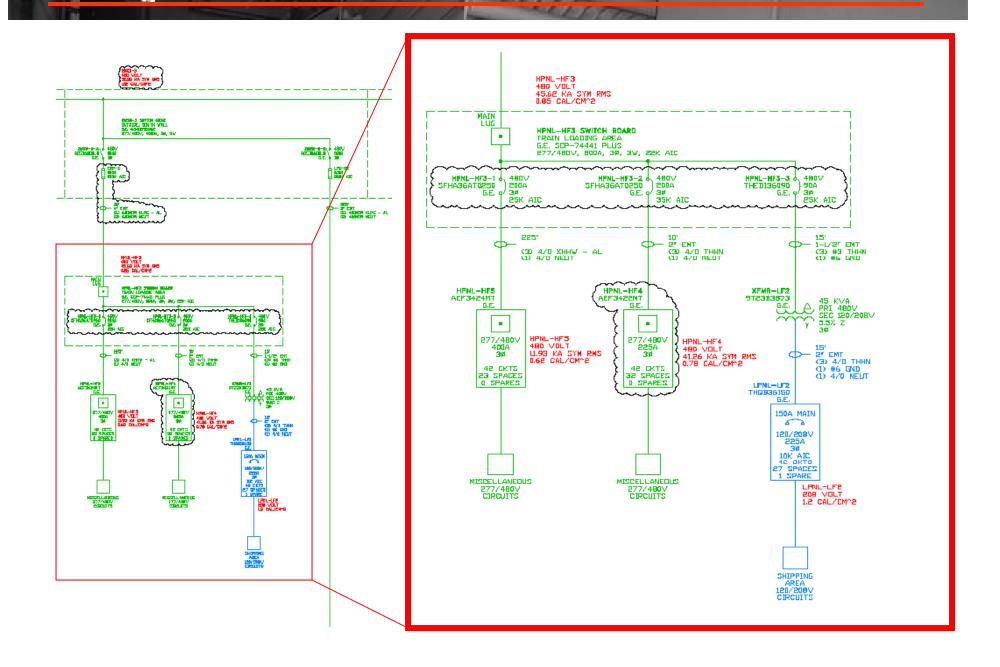


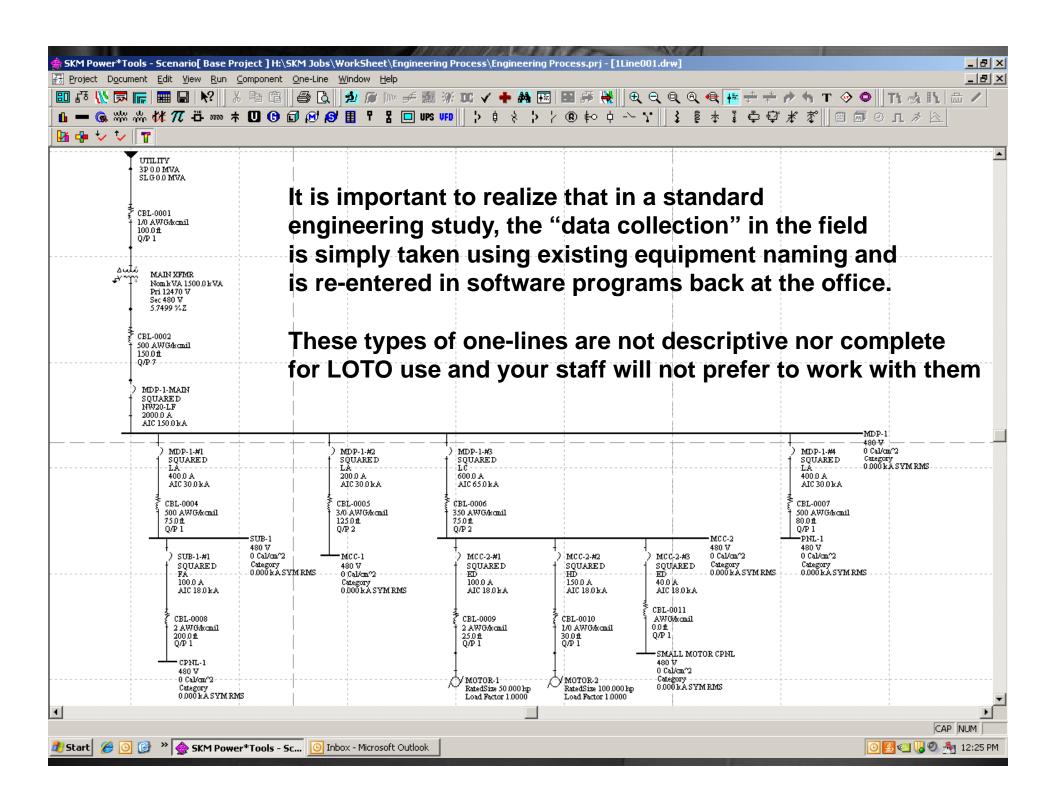
The employer is required to provide, ensure use, and maintain protective clothing in a sanitary and reliable condition whenever it is necessary by reason of hazards. capable of causing injury in any part of the body, as addressed in 29 CFR 1910.132(a). Where employees are exposed to electrical hazards (e.g., substations or electrical panels that present the potential for arc flash) refer to Safeguards for personnel protection. - 29 CFR 1910.335 and 29 CFR 1910.132(a) for PPE. Where there are flash fire hazards in General Industry occupations e.g., in the oil and gas industry and in petroleum-chemical plants, the employer is required to pay for FRC as indicated in 29 CFR 1910.132(h)(1). ...



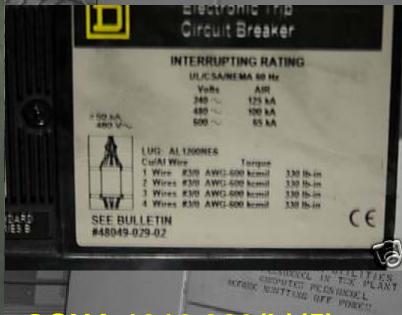
- A good electrical print should show all connecting devices including engineering information, OEM information along with short circuit findings in order to consolidate all aspects of maintenance and safety LOTO needs.
- Engineering software program one-lines alone are not recommended for LOTO use and are often not end user friendly nor complete.

Detailed One-Lines Show Valuable End User Needed Information







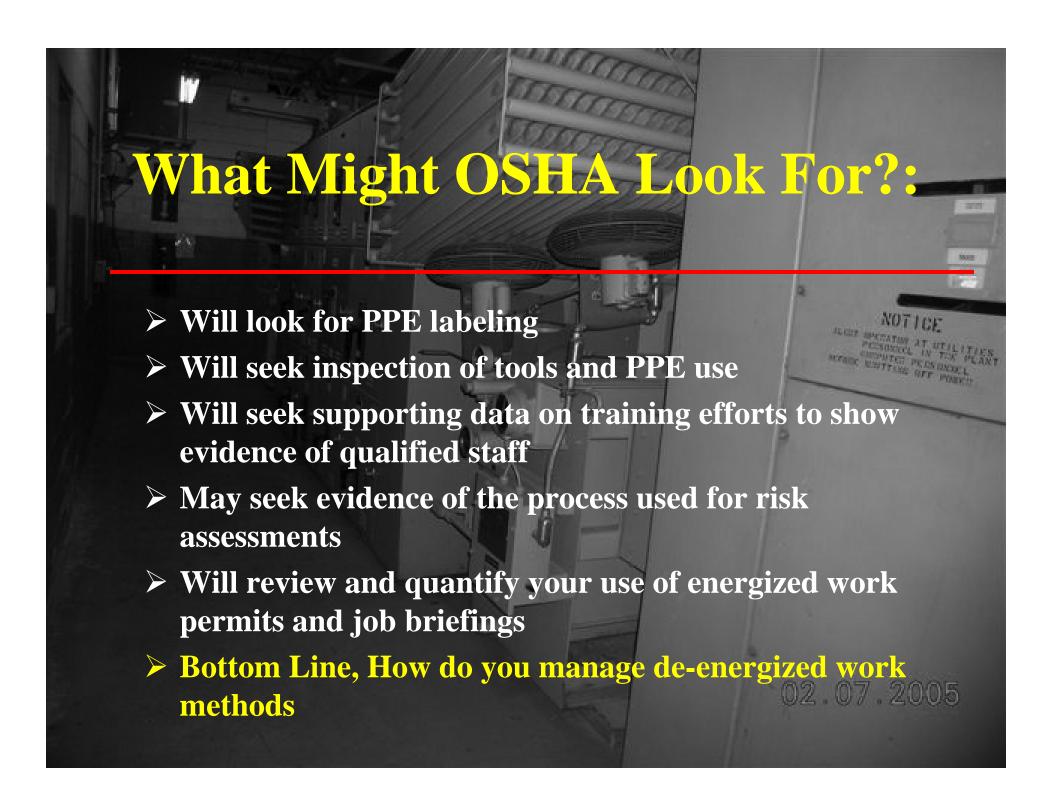


OSHA 1910.303(b)(5)....

**Adds requirements for the coordination of over current protection for circuits and equipment.

This is a separate presentation in itself







"Live parts to which an employee may be exposed shall be de-energized before the employee works on or near them, unless the employer can demonstrate that de-energizing introduces additional or increased hazards or is infeasible due to equipment design or operational limitations."

